

GEAR LIST

aspire
ADVENTURE EQUIPMENT

WHAT'S IN YOUR DAYPACK



HIKE CAMP CLIMB TREK TRAVEL

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WEAR

- ☐ HIKING PANTS / SHORTS – *durable and fast drying*
 - Mont Adventure Light (regular, zip-off or shorts)
- ☐ HIKING TOP – *needs to be comfortable and loose fitting*
 - Mont Lifestyle Vented Shirt – *long-sleeved to protect from UV rays*
 - Icebreaker Oasis Tee – *merino for low odour*
- ☐ HIKING BOOTS / SHOES – *waterproof and durable*
 - Lowa Camino (men) / Lowa Mauria (women) – *a leather option*
 - Salomon Quest Prime Gore-Tex Boots – *a mostly synthetic option*
 - Salomon XA Pro 3D v8 Runners (Gore-Tex or Mesh) – *for moderate track conditions*
- ☐ GAITERS – *to protect you from mud, water, scrub and fangs*
 - Sea to Summit Quagmire – *made from tough canvas*
 - Sea to Summit Grasshopper – *a lightweight option*
- ☐ SOCKS – *merino is the best option*
 - Wilderness Wear Overland Hiker – *for the cooler months*
 - Wilderness Wear Cape to Cape Hiker – *ideal for warmer conditions*
- ☐ WATERPROOF JACKET – *waterproof as well as windproof and breathable*
 - Mac In A Sack – *a compact spray jacket*
 - Wilderness Equipment Deluge – *mid-thigh length and durable*
 - Mont Austral (men) / Mont Sienna (women) – *mid-thigh length, durable and very breathable*
- ☐ WATERPROOF OVERPANTS – *waterproof as well as windproof and breathable*
 - Mac In A Sac – *an entry level option*
 - Wilderness Equipment Raindance – *very durable*
 - Mont Austral (men) / Mont Sienna (women) – *durable and very breathable*
- ☐ INSULATED or FLEECE JACKET – *to keep the warmth in and the breeze out*
 - Mont Guide Hoodie – *synthetic insulation that is windproof and water resistant*
 - Mont Grid Pro Hoodie – *a fleece option*
- ☐ GLOVES – *to protect from the wind, cold and sun*
 - Black Diamond Softshell – *light but warm*
- ☐ HEADWEAR – *whether it be for warmth or sun protection, or both*
 - Mont Sunhat – *wide brimmed for all-over protection*
 - Icebreaker Pocket Hat – *a lightweight beanie*
 - Mont Powerstretch Beanie – *fleece for added warmth*
 - Buff – *a versatile option*
- ☐ BASELAYERS – *layering is the most efficient way to regulate warmth*
 - Icebreaker Oasis Crewe – *merino for comfort*
 - Icebreaker Oasis Leggings – *merino for comfort*

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CARRY

- ☐ DAYPACK – *around 30L should be sufficient*
 - Wilderness Equipment Traverse – *very durable with 33L capacity*
 - Montane Featherlite – *lightweight with either 21L, 23L or 30L capacity*
 - One Planet Traverse – *lightweight and very comfortable, 40L*
 - Aarn Natural Exhilaration – *lightweight with 30L or 33L capacity with the option of Balance Pockets for more space*
 - Camelbak Hydration Pack – *heaps of options in-store and on our website*
- ☐ PACK COVER / LINER – *for a waterproof pack*
- ☐ DRY BAGS – *to keep everything dry and organised. Can be used in lieu of a cover or liner*

MISC.

- ☐ Leki Khumbu Lite Trekking Poles – *great for ascents, descents and uneven terrain*
- ☐ Microspikes – *very handy on icy tracks*
- ☐ Nalgene Tritan 1L Water Bottle – *very durable*
- ☐ Earthwear Thermos Flask – *a hot cuppa on the track or a summit is always nice*
- ☐ Sea to Summit X Mug – *for that hot cuppa or for a quick drink out of a stream*
- ☐ Actik Core Headtorch – *in case it turns out to be longer than just a day walk*
- ☐ SOL Emergency Bivy Bag or Space Blanket – *as per the headtorch*
- ☐ Sea to Summit Pocket Trowel – *for that mid-walk moment*
- ☐ Aquim Hand Wash – *for after that mid-walk moment*
- ☐ Rid Insect Repellent – *to keep the bugs and leeches at bay*
- ☐ 2m of 4mm Cord – *for running repairs*
- ☐ Whistle – *just in case*
- ☐ PLB / Garmin In-Reach – *essential for any walk*
- ☐ Garmin GPS / Garmin In-Reach – *a handy unit especially if venturing off track*
- ☐ Map – *the Tasmap 1:50,000's are ideal*
- ☐ aLOKSAK Waterproof Map Case – *keep your map dry and hang on your pack or around your neck*
- ☐ Compass – *essential backup for a GPS*
- ☐ Guidebooks – *John Chapman and The Abels are great options*
- ☐ AMK Medical Kit – *has all the basic essentials*
- ☐ aLOKSAK Case for Phone – *keep your phone dry and protected*