

GEAR LIST

aspire
ADVENTURE EQUIPMENT

THE OVERLAND TRACK



HIKE CAMP CLIMB TREK TRAVEL

ASPIRE ADVENTURE EQUIPMENT

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GEAR LIST

CARRY

- ☐ BACKPACK – *large enough to comfortably carry everything for a week*
 - One Planet Tarkine (80L / 85L / 90L)
 - Wilderness Equipment Pindar 70 (70L)
- ☐ DAYPACK – *for the various side trips*
 - Sea to Summit Ultra-Sil Dry Daypack (22L)
- ☐ BACKPACK LINERS & COVERS – *to keep everything dry and organised*
 - Sea to Summit Pack Liner or Pack Cover
 - Sea to Summit Ultra-Sil Dry Sacks (4 x 4L, 3 x 8L)
 - Sea to Summit Compression Sacks

SHELTER

- ☐ TENT – *required, even if you are planning on staying in the huts*
 - Mont Moondance 1, 2 or 3 (three or four season)
 - Wilderness Equipment Space 1, 2 or 3 (three or four season)
 - One Planet Goondie 1, 2 or 3 (three or four season)

SLEEP

- ☐ DOWN SLEEPING BAG – *warm, compact and light*
 - Mont Helium – *light and compact with various temperature options*
 - Mont Brindabella – *a full winter rated bag*
 - One Planet Bungle – *durable and light with various temperature options*
- ☐ SLEEPING BAG LINER – *provides added warmth and keeps your bag clean*
 - Sea to Summit Cotton & Silk Liner
- ☐ PILLOW – *a place to put your head when you sleep*
 - Sea to Summit Aeros Pillow – *lightweight, compact and really comfortable*
- ☐ SLEEPING MAT – *a vital component of your sleeping system*
 - Thermarest Pro Light Plus
 - Sea to Summit Comfort Plus SI

WALK

- ☐ FOOTWEAR
 - Lowa Camino (men) / Lowa Mauria (women) Hiking Boots – *leather*
 - Salomon Quest 4D Gore-Tex Hiking Boots – *mostly synthetic*
 - Chaco Sandals – *for around camp*
 - Montane Prism Booties – *for around camp or inside your sleeping bag*
 - Microspikes / Snowshoes – *for ice and snow*
- ☐ SOCKS – *merino is best for multi day hikes*
 - Wilderness Wear Overland Hiker Merino Socks
- ☐ GAITERS – *because snakes quite enjoy The Overland Track too*
 - Sea to Summit Canvas Quagmire
- ☐ WALKING POLES – *to help ease the strain of walking 82km*
 - Leki Khumbu Lite (pair) – *folds down small with flicklock adjustability*
- ☐ HEADTORCH – *for those night-time toilet excursions*
 - Black Diamond Storm – *AAA batteries*
 - Petzl Actik Core – *USB rechargeable*

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WEAR – TOPS & BOTTOMS

- ☐ HARDSHELL JACKET – *completely waterproof, windproof and breathable*
 - Mont Odyssey
 - Mont Austral (men) / Mont Sienna (women)
- ☐ OVERPANTS – *completely waterproof, windproof and breathable*
 - Mont Austral (men) / Mont Sienna (women)
- ☐ INSULATED JACKET – *synthetic insulation that is windproof and repels moisture*
 - Montane Prism Jacket
 - Mont Guide Hoodie
- ☐ FLEECE JACKET – *for the evenings or layering during the day*
 - Mont Grid Pro Hoodie
- ☐ HIKING SHIRT – *long sleeved for sun protection*
 - Mont Lifestyle Vented Shirt
 - Icebreaker Tech Top (men) / Icebreaker Zone (women)
- ☐ T-SHIRT – *merino for multi-day wear on the track or for the evenings*
 - Icebreaker Oasis Tee
- ☐ HIKING PANTS – *loose fitting with quick dry fabric*
 - Mont Mojo (zip-off or regular)
 - Mont Adventure Light (zip-off or regular)
- ☐ CAMP PANTS – *comfy and warm for the evenings*
 - Mont El Gringo Fleece (men) / Mont La Gringa Fleece (women)
- ☐ BASE LAYERS – *layering is the best form of temperature control (3 tops, 2 bottoms)*
 - Wilderness Wear Fusion Thermal Top
 - Wilderness Wear Fusion Thermal Pants
 - Icebreaker Merino Oasis Crew Thermal Top
 - Icebreaker Merino Oasis Thermal Leggings
 - Icebreaker Merino Underwear

WEAR – HEAD & HANDS

- ☐ SUNHAT – *to keep the UV rays away*
 - Mont Sun Hat
- ☐ BEANIE – *for keeping the head and ears toasty warm*
 - Icebreaker Pocket Hat – *very compact and warm merino beanie*
 - Mont Powerstretch Beanie – *a fleece option for added warmth*
- ☐ BALACLAVA – *for when a beanie isn't enough*
 - Mont Powerstretch Balaclava
- ☐ BUFF – *a great multi-use piece of kit in both summer and winter*
- ☐ GLOVES – *for warm hands and to avoid sunburn if using walking poles*
 - Black Diamond Soft Shell Gloves – *wind proof and water resistant fabric*
 - Montane Alpine Stretch Gloves – *our warmest option*
 - Seal Skinz Waterproof Gloves – *perfect for packing away an icy tent*

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COOKING

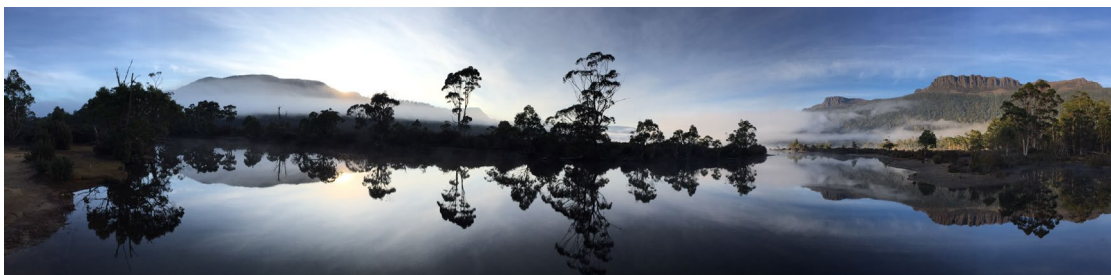
- ☐ STOVE – *cooking is easy with the various options available*
 - Trangia Cook Set – uses methylated spirits
 - Jetboil Flash Stove & Pot – uses gas canisters
 - MSR Pocket Rocket Stove – uses gas canisters
- ☐ FUEL – gas (about 500g) / methylated spirits
- ☐ FOOD
 - Backcountry Freeze Dried / Campers Pantry Freeze Dried

EAT AND DRINK ACCESSORIES

- ☐ Nalgene Tritan 1L Water Bottle – *can also be used as a hot water bottle at night*
- ☐ Sea to Summit X Mug – *compact and durable*
- ☐ Sea to Summit X Bowl – *compact and durable*
- ☐ Sea to Summit X Plate – *compact and durable*
- ☐ Sea to Summit Delta Cutlery Set – *lightweight*

TOILETRIES & ACCESSORIES

- ☐ Sea to Summit Trowel – *for those memorable moments half way between huts*
- ☐ Aquim Hand Sanitiser – *to help prevent having to use that trowel*
- ☐ Water Purification Tablets – *as per the hand sanitiser*
- ☐ Sea to Summit Wilderness Wash – *for clothes and body*
- ☐ Sea to Summit Pocket Towel – *light and quick-dry*
- ☐ Rid or Repel Insect Repellent – *to keep the bugs at bay*
- ☐ OSA Ear Plugs – *for silencing snorers, and the raucous Tassi devils*
- ☐ Luci Inflatable Solar Light – *a great camp lighting option*
- ☐ 5m of 4mm Cord – *for running repairs*
- ☐ PLB – *an essential piece of kit for those unfortunate times*
- ☐ Map and Overland Track Booklet – *perfect for knowing what's what*
- ☐ Waka Waka Solar Panel & Powerbank – *for your headtorch, camera, gps...*
- ☐ Waterproof Matches – *backup for a lighter*
- ☐ Whistle – *just in case*
- ☐ AMK Medical Kit – *has all the basic essentials*



NEED TO HIRE GEAR? We offer a comprehensive range of rental items ideally suited for any Tasmanian adventure