

GEAR LIST

aspire
ADVENTURE EQUIPMENT



HIKE CAMP CLIMB TREK TRAVEL

ASPIRE ADVENTURE EQUIPMENT

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GEAR LIST

CARRY

- ☐ BACKPACK – *large enough to comfortably carry everything for four days*
 - One Planet Traverse [40L]
 - Wilderness Equipment Pindar 50 (50L)
 - Mont Sentinel (42L / 45L)
- ☐ DAYPACK – *for the walk out to The Blade on day three*
 - Sea to Summit Ultra-Sil Dry Daypack (22L)
- ☐ BACKPACK LINERS & COVERS – *to keep everything dry and organised*
 - Sea to Summit Pack Liner or Pack Cover
 - Sea to Summit Ultra-Sil Dry Sacks (3 x 4L, 2 x 8L)
 - Sea to Summit Compression Sacks

SLEEP

- ☐ DOWN SLEEPING BAG – *warm, compact and light*
 - Mont Helium – *light and compact with various temperature options*
 - One Planet Bungle – *durable and light with various temperature options*
- ☐ SLEEPING BAG LINER – *for extra warmth and to keep your bag clean*
 - Sea to Summit Cotton & Silk Liner – *roomy and comfortable*
- ☐ PILLOW – *to put your head on when you sleep*
 - Sea to Summit Aeros Pillow – *lightweight, compact and really comfortable*

WALK

- ☐ FOOTWEAR – *sturdy and comfortable*
 - Salomon Quest Prime Gore-Tex Hiking Boots – *synthetic and lightweight*
 - Chaco Sandles – *great for around the huts*
- ☐ SOCKS – *merino is best for multi day hikes*
 - Wilderness Wear Three Capes Merino Socks – *plenty of cushioning*
 - Wilderness Wear Cape To Cape Merino Socks – *for warmer conditions*
- ☐ GAITERS – *because snakes quite enjoy the Three Capes Track too*
 - Sea to Summit Quagmire – *canvas for durability*
 - Sea to Summit Polyester Grasshopper – *lightweight option*
- ☐ WALKING POLES – *to help ease that 48km of walking*
 - Leki Khumbu Lite (pair) – *folds down small with flicklock adjustability*
- ☐ HEADTORCH – *for those night-time toilet excursions*
 - Black Diamond Spot – *uses AAA batteries*
 - Petzl Actik Core – *USB rechargeable*

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WEAR – TOPS AND BOTTOMS

- ☐ HARDSHELL JACKET – *completely waterproof, windproof and breathable*
 - Mont Austral (men) / Mont Sienna (women)
- ☐ OVERPANTS – *completely waterproof, windproof and breathable*
 - Mont Austral (men) / Mont Sienna (women)
- ☐ INSULATED JACKET – *Primaloft synthetic insulation that is windproof, repels moisture and compact*
 - Montane Prism Jacket
 - Mont Guide Hoodie
- ☐ FLEECE JACKET – *for the evenings or layering during the day*
 - Mont Grid Pro Hoodie
- ☐ HIKING SHIRT – *long sleeved for sun protection*
 - Mont Lifestyle Vented Shirt
 - Icebreaker Tech Top (men) / Icebreaker Zone (women)
- ☐ T-SHIRT – *merino for multi-day wear on the track or for the evenings*
 - Icebreaker Oasis Tee
- ☐ HIKING PANTS – *loose fitting with quick dry fabric*
 - Mont Mojo (zip-off or regular)
 - Mont Adventure Light (zip-off or regular)
- ☐ CAMP PANTS – *comfy and warm for the evenings*
 - Mont El Gringo (men) / Mont La Gringa (women)
- ☐ BASE LAYERS – *layering is the best form of temperature control*
 - Wilderness Wear Fusion Thermal Top
 - Wilderness Wear Fusion Thermal Pants
 - Icebreaker Merino Oasis Crewe Thermal Top
 - Icebreaker Merino Oasis Thermal Leggings
 - Icebreaker Merino Underwear

WEAR - HEAD & HANDS

- ☐ SUNHAT – *to keep the UV rays away*
 - Mont Sun Hat
- ☐ BEANIE – *for keeping the head and ears toasty warm*
 - Icebreaker Pocket Hat – *very compact and warm merino beanie*
 - Mont Powerstretch Beanie – *a fleece option for added warmth*
- ☐ BUFF – *a great multi use piece of kit*
- ☐ GLOVES – *for warm hands and to avoid sunburn if using walking poles*
 - Black Diamond Soft Shell Gloves

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EAT AND DRINK

- ☐ Nalgene Tritan Plastic 1L Water Bottle – *can be used as a hot water bottle at night as well*
- ☐ Earthwear Thermos Flask – *for a hot cuppa on the trail*
- ☐ Sea to Summit X Mug – *compact and durable*
- ☐ Sea to Summit X Bowl – *compact and durable*
- ☐ Sea to Summit X Plate – *compact and durable*
- ☐ Sea to Summit Delta Cutlery Set - *lightweight*
- ☐ Platypus Platy Preserve Wine Holder – *quite possibly the most vital piece of kit*
- ☐ Egg Holder – *carry up to six eggs safely*

TOILETRIES & MISC.

- ☐ Sea to Summit Trowel – *for those memorable moments half way between huts*
- ☐ Aquim Hand Sanitiser – *to help prevent having to use that plastic trowel*
- ☐ Sea to Summit Wilderness Wash – *for the shower on night two*
- ☐ Sea to Summit Pocket Towel – *light and quick dry*
- ☐ Rid Insect Repellent – *to keep the bugs at bay*
- ☐ OSA Brands Ear Plugs – *at least one in four are bound to snore*
- ☐ Scrubba Wash Bag – *perfect if you choose to do laundry on the trip*
- ☐ AMK Medical Kit – *basics for minor issues*



NEED TO HIRE GEAR? We offer a comprehensive range of rental items ideally suited for any Tasmanian adventure